

## Grandma's House Fall Program Menu

Week of October 31, 2022

|          | Monday<br>10/31                                      | Tuesday<br>11/1                                  | Wednesday<br>11/2                              | Thursday<br>11/3             | Friday<br>11/4                                |
|----------|--|--|--|------------------------------|---|
| AM Snack | Yogurt w/Fruit                                       | Bananas & Graham Crackers                        | Hard Boiled Egg w/Fruit                        | Fruit w/*Raisin Cereal Snack | *Oatmeal w/Diced Fruit                        |
| Lunch    | *South of the Border w/Brown Rice Zucchini Pineapple | Pancakes w/Chicken Sausage Tater Tots Applesauce | *Tater Tot Casserole Fresh Carrots Fresh Pears | Turkey Sweet Potatoes Apples | *Italian Pasta Bake Fresh Green Beans Peaches |
| PM Snack | Animal Crackers w/Milk                               | *Oatmeal Chocolate Chip Cookies w/Milk           | Cucumbers w/Cheeze-Its Crackers                | *Banana Squares w/Milk       | *Pumpkin Muffins w/Milk                       |

Week of November 7, 2022

|          | Monday<br>11/7                          | Tuesday<br>11/8                          | Wednesday<br>11/9                            | Thursday<br>11/10                                     | Friday<br>11/11                             |
|----------|---|--|--|---|---|
| AM Snack | Corn Puffs Cereal w/Milk                | Cottage Cheese w/Diced Fruit             | Apples w/Cream Cheese                        | *Snack Mix w/Banana Chips                             | Bagels w/Cream Cheese                       |
| Lunch    | Fish Sticks California Blend Applesauce | Waffles w/ Ham Slices Hashbrowns Oranges | *Meat Loaf Mashed Potatoes Fresh Green Beans | *Grilled Cheese & Tomato Soup Cucumber Slices Peaches | *Chicken & Veggies w/Brown Rice Fresh Pears |
| PM Snack | Cheese Plate w/Crackers                 | *Pumpkin Bites w/Milk                    | *Applesauce Bars w/Milk                      | *Oatmeal Cookies w/Milk                               | *Fruit Muffins w/Milk                       |

Week of November 14, 2022

|          | Monday<br>11/14   | Tuesday<br>11/15  | Wednesday<br>11/16                                   | Thursday<br>11/17  | Friday<br>11/18                  |
|----------|---|---|--|--|----------------------------------|
| AM Snack | French Toast Squares w/Milk                                 | String Cheese w/Crackers                                | Yogurt w/ Fruit                                      | English Muffins w/Sunbutter                                    | Chicken Sausage w/Fruit          |
| Lunch    | *Macaroni & Cheese w/Ham Fresh Green Beans Mandarin Oranges | *Harvest Chili & Cornbread Butternut Squash Blueberries | *Meat Sauce w/ Penne Noodles Steamed Broccoli Apples | *Soft Shell Chicken Tacos Butternut Squash Strawberries/Mangos | Pizza Fresh Vegetables Pineapple |
| PM Snack | Graham Crackers & Pineapple/Strawberries                    | *Banana Oat Cookies w/Milk                              | *Pumpkin Squares w/Milk                              | Goldfish Crackers w/Fruit/Veggie                               | *Cocoa Muffins w/Milk            |

Week of November 21, 2022

|          | Monday<br>11/21                     | Tuesday<br>11/22                            | Wednesday<br>11/23                       | Thursday<br>CLOSED                              | Friday<br>CLOSED                                       |
|----------|-------------------------------------|---|--|---|--|
| AM Snack | Bagels w/Sunbutter                  | Bananas & Graham Crackers                   | Fruit w/Cinnamon Raisin Bread            | Apples w/Cheese                                 | Yogurt w/*Granola                                      |
| Lunch    | Chicken Nuggets Potato Fries Apples | *Barbecue Beef on Bun Fresh Peppers Peaches | *Ham N' Egg Casserole Hashbrowns Oranges | Spaghetti & Meatballs Fresh Carrots Fresh Pears | *Ham/Turkey Wraps Fresh Vegetables Mangos/Strawberries |
| PM Snack | Summer Sausage & Cheese             | Spinach Tortillas w/Hummus                  | *Oatmeal Raisin Cookies w/Milk           | *Banana Squares w/Milk                          | *Sunbutter Cookies w/Milk                              |

Week of November 28, 2022

|          | Monday<br>11/28                                  | Tuesday<br>11/29                           | Wednesday<br>11/30                              | Thursday<br>12/1                                   | Friday<br>12/2                                      |
|----------|--|--|---|--|---|
| AM Snack | Frosted Mini Wheats w/Milk                       | *Quesadilla w/Avocado & Salsa              | *Pizza English Muffins                          | Fruit w/*Cornmeal Muffins                          | *Pumpkin Squares w/Milk                             |
| Lunch    | Cheese Tortellini w/ Cream Sauce Broccoli Apples | *Grandma's Casserole Peas Mandarin Oranges | *Chicken Veggie Soup w/Sandwiches Mixed Berries | *Red Beans & Brown Rice Butternut Squash Pineapple | Hamburger w/Bun Potato Fries Vegetarian Baked Beans |
| PM Snack | Graham Crackers w/Applesauce                     | *Granola Bars w/Milk                       | *Fruit Muffins w/Milk                           | *Sugar Cookies w/Milk                              | Cooks Choice  |

\*Homemade on site by our cooks each day. Menus are subject to change. Whole grain (WG) bread and milk are served at each lunch.