

[View this email in your browser](#)



Summer Program

Live 2 Play

FRIDAY, 8/23

CLOSING EARLY

6:00 AM - 3:00 PM

Monday, 9/2 - CLOSED

Hello families!

August already?? I see the school supplies back in the stores already!

If your Fall plans have changed at all, please let me know as soon as possible. I am working on the Fall class lists now. The child care field took a big hit from the pandemic days, and there are just not enough spots in centers for all who need it. It helps to know so we can let families who are waiting know if we have any openings.

I just wanted to mention, many kiddos wear Crocs, which I know is cooler in the summer. We have many children sliding and falling on the playground. It is up to you, of course, but I highly recommend sneakers and socks for play.

The school age group has done a great job with the gardens this year. Our corn is really coming in well. Hoping to have a corn sampling at the end of summer with them.

We will be transporting to Hartland North, Hartland South, and St. Charles again in the Fall. We will hand out transportation slips as school gets closer.

I hope everyone enjoys the rest of summer and that you can spend some fun times with family and friends.

Jane Sweet, Director

jsweet@grandmashouse.org

SAVE THE DATE

POOL PICNIC AND A

Saturday AUGUST 10TH 10am - 2pm

Wiberg Aquatic | Picnic Area 9 Brookfield, WI

Meet & Mingle with other families

Meet & Mingle with families from Grandma's House

Join Us
Rain or Shine



July

1 Elora M.
4 Taylor M.
6 Isabella N.
9 Kai R.
11 Scarlett N.
13 Giovanni C.
13 Jayla O.
15 Ms. Ruth
17 Maxfield L.
19 Weston J.
20 Amos S.
21 Hannah S.
22 Braelyn P.
30 Jack H.

Aug

1 Tenley B.
8 Cole C.
8 Meliha A.
11 Adelyn S.
13 Harper H.
18 Ms. Michele
19 Mr. Scott
20 Holden H.
20 Ms. Desi
22 Paisley K.
23 Grace B.
23 Logan S.
25 Ruby C.
28 Greta S.
29 Clayton P.

CONGRATULATIONS

on celebrating anniversaries with Grandma's House

July

Ms. Sheryl 32 Years

Ms. Christie 26 Years

August

Ms. Jane 26 Years

Ms. Tricia 14 Years

Ms. Bry 3 Years

Ms. Desi 3 Years

Beachy Babies - Ms. Kristine & Ms. Mo

Your baby has been playing on the floor for several minutes now successfully. No crying or screaming. Reaching for toys and entertaining themselves. Yay! But then it happens, they get stuck and can't roll over to their back. The crying starts, they lift their head and make eye contact with you. You gently help them roll to their back, hand them a new toy and ask, "Is that better?" Babies encounter many challenges throughout their day, like getting stuck, and need help managing and coping with their big feelings and experiences.

Children are not born with the ability to regulate their emotions and depend on the adults in their lives to soothe and calm them. As adults, we must read the communication cues from the baby and use our own voice, touch, and gaze to help the child work through their feelings. A big part of this is, as the adult, is staying calm. When we are calm, then we are 'sharing the calm'- coregulation with the child to help them understand, express and even control their feelings over time. Coregulation can be seen as the first step to self-regulation. The ability to manage feelings, thoughts, and behaviors independently. The foundation for self-regulation is laid during the first three years. As caregivers, it's very important for us to help children build this foundation.

"Sharing the calm" means that we as caregivers stay calm in a challenging moment. We must know how to regulate our own feelings and well-being first. Knowing your stresses, reading your own body cues (tight shoulders for example), is a big part of making coregulation work. We must find our own calm before we can share it with a child.

Take action and care for yourself in the moment:

**Take deep breaths*

**Shake the tension from your body*

**Have a drink of water*

**Ask for help from another adult to help you recenter*

When you are calm, then you can help your baby calm and regulate their feelings.

When children learn to coregulate, they learn that their upset feelings don't last forever.

They build trust with the adults in their world and learn ways to calm themselves during stressful situations. A skill that they can take with them for the rest of their

lives. *Resource: [Rocking and Rolling. Sharing Our Calm: The Role of Coregulation in the](#)*

Infant-Toddler Classroom. By Rebecca Parlakian www.naeyc.org Young Children Summer 2024

River Rafters - Ms. Ruth & Ms. Kelly

As the Summer program comes to an end, we've been reflecting on all the growth that has happened in our room. We have so many movers, walking and crawling, and we are proud of everyone. Most have transitioned to a cot and only take one nap during the day. They're doing so well with that, too. Everyone has enjoyed spending our days outside this summer. From water play to bubbles to buggy walks in the park. Sometimes we have even eaten lunch outside which is a fun change. Something different that we've been doing lately is flannel stories. This is something that many children at Grandma's House have enjoyed! *The Wheels on the Bus* is a favorite along with *Old McDonald*. Using pictures that go along with a story or song definitely makes it more fun and engaging for our little friends.

Zipliners - Ms. Andrea K. & Ms. Bree

Summer in Wisconsin is such a special time and we are making sure we make every day count. We have been doing water play almost weekly, buggy walks around town, sand tables, outside art projects, and lots of outdoor activities. We are really working on using our communication skills and making sure the children are learning the proper words for things and gestures. The more words your child hears daily will help them use their own words. We also incorporate sign language with daily words to help them communicate. We hope you enjoy the rest of your summer and make lasting memories with your family.

Little Firecrackers - Ms. Tricia & Ms. Jessica

We have had such a busy summer! We are enjoying our outside time building with the big blocks. Our favorite is building balance beams to walk across or big squares to sit in and play. We also love to get sprayed by the mist sprayers. Two-year-olds sure love water! In the classroom, we have been busy working on our social skills. We work on communicating our feelings with friends and just everyday play. We love to engage in simple art by painting and coloring. We found a love for Playdoh – of course we also learned “it's not food”. Another favorite is listening to tape and flannel stories. Enjoy the rest of your summer.

Busy Bees - Ms. Shannon & Ms. Bry

We can't believe it is August already. Summer is flying by. We have been busy with field trips, water play, art, science, cooking, and just having fun. The children have been doing great on our trips. Between the bus rides & destination of our trips, they are exciting. We made yummy cupcakes and fire trucks. The fire trucks were made with Graham crackers, icing with red food coloring, pull-n-peel licorice and mini Oreos. The children spread the icing on the cracker then added the pull n peel for the ladders and Oreos for the tires. Of course, they certainly enjoyed this snack. They have also been enjoying lacing colored fish on pipe cleaners, creating with playdough, and sorting colored pom poms into colored toilet paper tubes. The children also enjoy doing art of any kind; gluing tissue paper squares onto paper, painting with glitter, and watercolor painting. Just a few quick reminders, please check your child's cubby for appropriate spare clothes, bedding that is needed every week, and to also take your child's artwork home.

Blooming Flowers - Ms. Andrea G.

Our Summer program has kicked off flawlessly and the children have been enjoying the many field trips! I'd like to welcome our new friends and families who have joined our group this summer and let you know everyone's doing great with transitioning into their new environment. We enjoyed activities and crafts that included coffee filter butterflies and painting with cars. I would have to say that the children's absolute favorite was riding the bus for our first field trip to Weyer Park. It was adorable to watch their excitement and see how much fun they had as they clapped and sang songs on the ride back to the center. Their second favorite field trip hands down was Wiberger Aquatic Center where they loved water play. We do have an upcoming Annual Family Picnic on August 10, for our families. Don't forget to join us for a fun day! I look forward to a great summer with all of you!

Wildflowers - Ms. Chantel & Ms. Emily

Can't believe summer is almost over, we are taking advantage of the couple of weeks of summer program that we have left. In July, we got to show off our pets and introduce them to our friends. We also got to learn about camping and do some fun camping activities like painting with marshmallows. The children have been loving all of the field trips that we have been going on, and we are pretty split about which one is our favorite. We are really striving for independence to get ready for 4K in the Fall. Some areas that you can help their independence is making sure they have shoes that they can get on themselves, putting them in clothes that allow them to get dressed on their own, encouraging them to use the

restroom, and cleaning themselves on their own, and encouraging them to ask for help when they need it.

Bright Bunch - Ms. Donna & Ms. Desi

Hello Bright Bunch families! It is hard to believe that summer is already halfway done. We have been having a fun and busy summer. We have kept busy with lots of science experiments and word searches (which are a classroom favorite). We have also made a lot of diamond art stickers and origami. Field trips have also kept us busy this summer with rock climbing, Monkey Joes, and swimming at Wiberg being some of the favorites so far. We will be tie dying later this summer but no need to worry about bringing shirts, we will be providing them. I would like to remind parents to please bring a water bottle daily and make sure that there is always a swimsuit at Grandma's House. We often have waterplay on non-field trip days. Also, if it is really hot out our park field trips could get switched to water trips. As always, if you have any questions or concerns, please feel free to reach out.